

Girls Day a Huge Success



Nearly 100 women volunteers join in day of emotion and inspiration



Redwood City, CA - April 3, 2007 - Nearly 100 women volunteers including lawyers, doctors, software and biotech engineers and other professionals descended on the Mervin G. Morris Boys & Girls Club in Redwood City for the Boys & Girls Clubs of the Peninsula's 2007 Girls Day event. The women volunteers which included Redwood City May Barbara Pierce, were matched with young girls from the organization's numerous sites. Throughout the day, there were a variety of workshops and discussions focused on leadership, family, education, careers, body image and more.

"The day was filled with emotion and inspiration." says Zareen Kasad, the Health and Academics Coordinator for the Redwood City Club. "When one girl burst into tears during one workshop on social pressures at school, a group of girls from the East Palo Alto clubhouse consoled her - they didn't even know her - it was truly wonderful" she said. There are many more stories.

The purpose of the Club's annual Girls Day event is to inspire young girls to thrive and pursue their dreams. Growing up is always a challenge. For girls, the roller coaster years between ages 9 and 18 can present some particularly tough issues. While some girls navigate this transition with relative ease, many face difficulties. These can range from wrangling with parents and friends to involvement with alcohol or drugs. On this day, professional women come and share their stories

and let them know that there is hope and lots of opportunity.

About the Boys & Girls Clubs of the Peninsula

The Boys & Girls Clubs of the Peninsula provides places where all young people aged 6-18 are welcome and can belong every day during the vulnerable after-school and summer hours. The Club has six sites located in the low-income neighborhoods of East Palo Alto, Menlo Park and Redwood City. At each site, caring professional staff and volunteers work through a range of engaging programs to help youth develop the positive relationships, attitudes and life skills they need to be successful in life. More than 3,000 young people join the Club annually. Over 800 attend daily. The Club's programs are made possible by donations and grants. For more information about the Club or to donate visit www.bgcp.org

Boys & Girls Clubs of the Peninsula (650) 322-8065 www.bgcp.org